Standards of proficiency



Operating Department Practitioners

Valid from: 1 September 2023

Standards of proficiency

At the point of registration, operating department practitioners must be able to:

1	practise safely and effectively within their scope of practice
1.1	identify the limits of their practice and when to seek advice or refer to another professional or service
1.2	recognise the need to manage their own workload and resources safely and effectively, including managing the emotional burden that comes with working in a pressured environment

1.3 keep their skills and knowledge up to date and understand the importance of continuing professional development throughout their career

2 practise within the legal and ethical boundaries of their profession

- 2.1 maintain high standards of personal and professional conduct
- 2.2 promote and protect the service user's interests at all times
- 2.3 understand the importance of safeguarding by actively looking for signs of abuse, demonstrating understanding of relevant safeguarding processes, and engaging in these processes where necessary
- 2.4 understand what is required of them by the Health and Care Professions Council, including but not limited to the Standards of conduct, performance and ethics
- 2.5 respect and uphold the rights, dignity, values, and autonomy of service users, including their role in the assessment, diagnostic, treatment and / or therapeutic process
- 2.6 recognise that relationships with service users, carers and others should be based on mutual respect and trust, maintaining high standards of care in all circumstances
- 2.7 understand the importance of and be able to obtain valid consent, which is voluntary and informed, has due regard to capacity, is proportionate to the circumstances and is appropriately documented
- 2.8 understand the importance of capacity in the context of delivering care and treatment
- 2.9 understand the scope of a professional duty of care, and exercise that duty
- 2.10 understand and apply legislation, policies and guidance relevant to their profession and scope of practice
- 2.11 recognise the power imbalance which comes with being a health care professional, and ensure they do not abuse this for personal gain
- 2.12 practise in accordance with relevant medicines legislation
- 2.13 understand the complexity of caring for vulnerable persons in perioperative and other healthcare settings, and the need to adapt care as necessary

3 look after their health and wellbeing, seeking appropriate support where necessary

- 3.1 identify anxiety and stress in themselves and recognise the potential impact on their practice
- 3.2 understand the importance of their own mental and physical health and wellbeing strategies in maintaining fitness to practise
- understand how to take appropriate action if their health may affect their
 ability to practise safely and effectively, including seeking help and support when necessary

develop and adopt clear strategies for physical and mental self-care and
 3.4 self-awareness, to maintain a high standard of professional effectiveness and a safe working environment

4 practise as an autonomous professional, exercising their own professional judgement

- 4.1 recognise that they are personally responsible for and must be able to justify their decisions and actions
- 4.2 use their skills, knowledge and experience, and the information available to them, to make informed decisions and / or take action where necessary
- make reasoned decisions to initiate, continue, modify or cease treatment4.3 or the use of techniques or procedures, and record the decisions and
- 4.3 or the use of techniques of procedures, and record the decisions and reasoning appropriately
- 4.4 make and receive appropriate referrals, where necessary
- 4.5 exercise personal initiative
- 4.6 demonstrate a logical and systematic approach to problem solving
- 4.7 use research, reasoning and problem solving skills when determining appropriate actions
- understand the need for active participation in training, supervision and
 mentoring in supporting high standards of practice, and personal and
 professional conduct, and the importance of demonstrating this in practice

5 recognise the impact of culture, equality and diversity on practice and practise in a non-discriminatory and inclusive manner

- 5.1 respond appropriately to the needs of all different groups and individuals in practice, recognising this can be affected by difference of any kind including, but not limited to, protected characteristics¹, intersectional experiences and cultural differences
- 5.2 understand equality legislation and apply it to their practice

¹ The Equality Act 2010 defines the protected characteristics as age, disability, gender reassignment, race, religion or belief, sex, sexual orientation, marriage and civil partnership and pregnancy and maternity. Equivalent equality legislation in Northern Ireland protects age, disability, gender, race, religion or belief and sexual orientation.

- 5.3 recognise the potential impact of their own values, beliefs and personal biases (which may be unconscious) on practice and take personal action to ensure all service users and carers are treated appropriately with respect and dignity
- 5.4 understand the duty to make reasonable adjustments in practice and be able to make and support reasonable adjustments in theirs and others' practice
- 5.5 recognise the characteristics and consequences of barriers to inclusion, including for socially isolated groups
- 5.6 actively challenge these barriers, supporting the implementation of change wherever possible
- 5.7 recognise that regard to equality, diversity and inclusion needs to be embedded in the application of all HCPC standards, across all areas of practice

6 understand the importance of and maintain confidentiality

- 6.1 adhere to the professional duty of confidentiality and understand when disclosure may be required
- 6.2 understand the principles of information and data governance and be aware of the safe and effective use of health, social care and other relevant information
- recognise and respond in a timely manner to situations where it is
 6.3 necessary to share information to safeguard service users, carers and / or
- 6.3 necessary to share information to safeguard service users, carers and / or the wider public
- 6.4 understand the need to ensure confidentiality is maintained in all
 6.4 situations in which service users rely on additional communication support (such as interpreters or translators)
- recognise that the concepts of confidentiality and informed consent extend
 to all mediums, including illustrative clinical records such as photography, video and audio recordings and digital platforms

7 communicate effectively

7.1 use effective and appropriate verbal and non-verbal skills to communicate with service users, carers, colleagues and others

communicate in English to the required standard for their profession
(equivalent to level 7 of the International English Language Testing System, with no element below 6.5²)

² The International English Language Testing System (IELTS) tests competence in the English language. Applicants who have qualified outside of the UK, whose first language is not English and who are not applying through the Swiss Mutual Recognition Route (SMR) must provide evidence that they have reached the necessary standard. More information available here: <u>Statement on</u> <u>English language proficiency requirements for internationally trained health and care professionals |</u> (hcpc-uk.org)

7.3	understand the characteristics and consequences of verbal and non- verbal communication and recognise how these can be affected by difference of any kind including, but not limited to, protected characteristics ³ , intersectional experiences and cultural differences
7.4	work with service users and / or their carers to facilitate the service user's preferred role in decision-making, and provide service users and carers with the information they may need where appropriate
7.5	modify their own means of communication to address the individual communication needs and preferences of service users and carers, and remove any barriers to communication where possible
7.6	understand the need to support the communication needs of service users and carers, such as through the use of an appropriate interpreter
7.7	use information, communication and digital technologies appropriate to their practice
7.8	understand the need to provide service users or people acting on their behalf with the information necessary in accessible formats to enable them to make informed decisions
7.9	use effective communication skills when sharing information about service users with other members of the multidisciplinary team

use effective communication skills in the reception and identification of
 service users, and in the transfer of service users to the care of others

8 work appropriately with others

- 8.1 work in partnership with service users, carers, colleagues and others
- 8.2 recognise the principles and practices of other health and care professionals and systems and how they interact with their profession
- understand the need to build and sustain professional relationships as
 both an autonomous practitioner and collaboratively as a member of a team
- 8.4 contribute effectively to work undertaken as part of a multi-disciplinary team
- 8.5 identify anxiety and stress in service users, carers and colleagues, adapting their practice and providing support where appropriate
- 8.6 understand the qualities, behaviours and benefits of leadership
- 8.7 recognise that leadership is a skill all professionals can demonstrate
- 8.8 identify their own leadership qualities, behaviours and approaches, taking into account the importance of equality, diversity and inclusion
- 8.9 demonstrate leadership behaviours appropriate to their practice

³ The Equality Act 2010 defines the protected characteristics as age, disability, gender reassignment, race, religion or belief, sex, sexual orientation, marriage and civil partnership and pregnancy and maternity. Equivalent equality legislation in Northern Ireland protects age, disability, gender, race, religion or belief and sexual orientation.

8.10 act as a role model for others

8.11 promote and engage in the learning of others

understand the need to engage service users and carers in planning and
 evaluating diagnostics, and therapeutic interventions to meet their needs and goals

8.13 understand and be able to apply psychological and sociological principles to maintain effective relationships

9 maintain records appropriately

- 9.1 keep full, clear and accurate records in accordance with applicable legislation, protocols and guidelines
- 9.2 manage records and all other information in accordance with applicable legislation, protocols and guidelines
- 9.3 use digital record keeping tools, where required

10 reflect on and review practice

- 10.1 understand the value of reflective practice and the need to record the outcome of such reflection to support continuous improvement
- 10.2 recognise the value of multi-disciplinary reviews, case conferences and other methods of review
- 10.3 participate in team briefings and debriefings following treatment, procedures or interventions

11 assure the quality of their practice

- 11.1 engage in evidence-based practice
- 11.2 gather and use feedback and information, including qualitative and quantitative data, to evaluate the response of service users to their care
- 11.3 monitor and systematically evaluate the quality of practice, and maintain an effective quality management and quality assurance process working towards continual improvement
- 11.4 participate in quality management, including quality control, quality assurance, clinical governance and the use of appropriate outcome measures
- 11.5 evaluate care plans or intervention plans using recognised and appropriate outcome measures, in conjunction with the service user where possible, and revise the plans as necessary
- 11.6 recognise the value of gathering and using data for quality assurance and improvement programmes

12 understand and apply the key concepts of the knowledge base relevant to their profession

- 12.1 understand the structure and function of the human body, together with knowledge of physical and mental health, disease, disorder and dysfunction relevant to their profession 12.2 demonstrate awareness of the principles and applications of scientific enquiry, including the evaluation of treatment efficacy and the research process 12.3 recognise the role(s) of other professions in health and social care and understand how they may relate to the role of the operating department practitioner 12.4 understand the structure and function of health and social care system and services in the UK 12.5 recognise disease and trauma processes, and how to apply this knowledge to the service user's perioperative care 12.6 demonstrate awareness of the main sequential stages of human development, including cognitive, emotional and social measures of maturation through the life-span 12.7 understand the theoretical basis of, and the variety of approaches to, assessment and intervention 12.8 understand relevant physiological parameters and how to interpret changes from the norm 12.9 understand the principles of operating department practice and their application to perioperative and other healthcare settings 12.10 understand how to order, store and issue drugs to service users safely and effectively 12.11 understand the pharmacokinetic and pharmacodynamic effects and contraindications of drugs used 12.12 understand safe and current practice in a range of medical devices used for diagnostic, monitoring or therapeutic purposes in accordance with national and local guidelines, appropriate to their practice 12.13 calculate accurately prescribed drug dosages for individual service user needs 12.14 understand the principles and practices of the management of clinical emergencies and participate as part of a team managing a clinical emergency, where necessary
- 13 draw on appropriate knowledge and skills to inform practice
- 13.1 change their practice as needed to take account of new developments, technologies and changing contexts
- 13.2 gather appropriate information
- 13.3 analyse and critically evaluate the information collected
- 13.4 select and use appropriate assessment techniques and equipment
- 13.5 undertake and record a thorough, sensitive and detailed assessment
- 13.6 undertake or arrange investigations as appropriate

conduct appropriate assessment or monitoring procedures, treatment, 13.7 therapy or other actions safely and effectively 13.8 recognise a range of research methodologies relevant to their role 13.9 recognise the value of research to the critical evaluation of practice 13.10 critically evaluate research and other evidence to inform their own practice 13.11 engage service users in research as appropriate understand service users' elimination needs and undertake all sex urinary 13.12 catheterisation understand the role of the surgical first assistant in assisting with surgical 13.13 intervention undertake appropriate pre-assessment, anaesthetic, surgical and postanaesthesia care interventions, including managing the service user's 13.14 airway, respiration and circulation and providing assisted ventilation where necessary understand the management and processes involved in the administration 13.15 of blood and blood products monitor and record fluid balance, and where appropriate, administer 13.16 prescribed fluids in accordance with national and local guidelines prepare and administer drugs to service users via a range of routes, 13.17 including oral, rectal, topical and by intramuscular, subcutaneous and intravenous injection understand and recognise the need to monitor the effects of drugs and be 13.18 able to take appropriate action in response to any significant change or adverse reaction understand common abnormal blood physiology, including blood gas 13.19 analysis, 13.20 undertake venepuncture, peripheral IV cannulation and blood sampling assess and monitor the service user's pain status and as appropriate administer prescribed pain relief in accordance with national and local 13.21 auidelines 13.22 modify and adapt practice to emergency situations 13.23 understand the principles of life support undertake the management of a service user in cardiac arrest and 13.24 participate in the team managing on-going resuscitation, where required 13.25 receive and identify service users and their care needs participate in the briefing and debriefing of perioperative teams and the 13.26 use of surgical safety checklists formulate specific and appropriate care plans including the setting of 13.27 timescales effectively gather information relevant to the care of service users in a 13.28 range of emotional states 13.29 adapt and apply problem solving skills to clinical emergencies

14 establish and maintain a safe practice environment

- 14.1 understand the need to maintain the safety of themself and others, including service users, carers and colleagues
- 14.2 demonstrate awareness of relevant health and safety legislation and comply with all local operational procedures and policies
- 14.3 work safely, including being able to select appropriate hazard control and risk management, reduction or elimination techniques in a safe manner and in accordance with health and safety legislation
- 14.4 select appropriate personal protective equipment and use it correctly
- 14.5 establish safe environments for practice, which appropriately manages risk
- 14.6 understand the impact of human factors within relevant settings and the implications for service user safety
- 14.7 promote and comply with measures designed to control infection
- 14.8 understand the nature and purpose of sterile fields, and the practitioner's individual role and responsibility for maintaining them
- 14.9 understand and be able to apply appropriate moving and handling techniques
- 14.10 position service users for safe and effective interventions
- 14.11 understand the principles and ensure the safe use of medical devices used in perioperative, anaesthetic, surgical and post-anaesthesia care

15 **Promote health and prevent ill health**

- 15.1 understand the role of their profession in health promotion, health education and preventing ill health
- 15.2 understand how social, economic and environmental factors (wider determinants of health) can influence a person's health and well-being
- 15.3 empower and enable individuals (including service users and colleagues) to play a part in managing their own health
- 15.4 engage in occupational health, including being aware of immunisation requirements